

Early Childhood Prep. School

1530 Country Club Plaza Drive
 Saint Charles, MO 63303
 (636) 928-3828



September Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 ECPS is CLOSED in Observance of Independence Day!	4 AM: Granola Bar, Milk PM: Cheese Rollups, Water	5 AM: Bananas w/ Dip, Milk PM: Mixed Fruit, Ritz Crkrs Water	6 AM: September Cereal Mix, Milk PM: French Fries w/ Ketchup, Water	3 AM: Cheerios, Milk PM: Pretzels w/ Dip, Water
10 AM: Cereal Bar, Milk PM: Peaches, Ritz Crkrs, Water	11 AM: Cinnamon Rolls, Raisans, Milk PM: Sept Snack Mix, Water	12 AM: Grandparents Breakfast PM: Vanilla Wafers, Raisans, Milk	13 AM: Rice Krispies, Milk PM: Ants on a Log, Water	14 AM: Waffles w/ Syrup Milk PM: Tator Tots w/ Ketchup, Water
17 AM: Gram Cracker, Pears, Water PM: Celery Surprise, Milk	18 AM: Poptarts, Raisans Milk PM: Caramel Apple Nachos Water	19 AM: Bagels w/ Cream Milk PM: Pepperoni Rollup, Water	20 AM: Raisan Bran, Milk PM: Apple Chips Dip, Water	21 AM: Biscuits, Jelly Milk PM: Cheese Rollup, Water
24 AM: French Toast Styx, w/ Syrup, Milk PM: Sweet & Salty Fun Mix, Water	25 AM: Donuts, Raisans Milk PM: Crackers, Cream Cheese, Water	26 AM: Mixed Fruit, Ritz Crkrs Water PM: Apple Slices w/ Dip, Water	27 AM: Breakfast Bar, Milk PM: Nachos w/ Dip, Water	28 AM: Red Day Snacks Milk PM: Red Day Snack Water

*Menu is subject to change



|

U