

Early Childhood Prep. School

1530 Country Club Plaza Drive
 Saint Charles, MO 63303
 (636) 928-3828



November Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 AM: Cheerios, Milk PM: French Fries w/ Ketchup, Water	2 AM: Pajama Day Snacks, Hot Chocolate PM: Teddy Grams, Grapes, Water
5 AM: November Cereal Mix, Milk PM: Pretzel w/ Dip, Water	6 AM: Cinnamon Rolls, Raisans, Milk PM: Cheese Rollups, Water	7 AM: Banana w/ Dip, Granola, Water PM: November Trail Mix, Water	8 AM: Rice Krispies, Milk PM: Warm Cookies, Raisans, Milk	9 AM & PM: Firefighter Day Snacks
12 AM: Cereal Bar, Pears, Water PM: Ants on a Log, Milk	13 AM: Raisan Bran, Milk PM: Mixed Fruit, Ritz Crks, Water	14 AM: Bagels w/ Cream Milk PM: Pepperoni Rollup, Water	15 AM: Waffles/ W Syrup, Milk PM: Goldfish, Raisans, Water	16 AM & PM: Thanksgiving! Day Feast
19 AM: French Toast Styx, w/ Syrup, Milk PM: Sweet & Salty Fun Mix, Water	20 AM: Breakfast Bar, Milk PM: Crackers, Cream Cheese, Water	21 AM: Mixed Fruit, Ritz Crkrs Water PM: Jelly Bread, Water	22 ECPS CLOSED in Observance of Thanksgiving	23 ECPS CLOSED in Observance of Thanksgiving!
26 AM: Shredded Wheat, Milk PM: Veggie Chips w/ Dip, Water	27 AM: Warm Apple Juice, Warm Rolls PM: Nachos w/ Cheese, Water	28 AM: Biscuits, Jelly Water PM: Apple Slices w/ Dip, Water	29 AM & PM: Brown Day Snacks	30 AM: Poptarts, Raisans, Milk PM: PB Crackers, Water

*Menu is subject to change



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