

# Early Childhood Prep. School

1530 Country Club Plaza Drive  
 Saint Charles, MO 63303  
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## December Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM & PM: Elf on the Shelf Day Snacks	4 AM: Warm Apple Juice, Warm Rolls PM: Nachos w/ Cheese, Water	5 AM: Poptarts, Raisans Milk PM: Veggie Chips w/ Dip, Water	6 AM & PM: St. Nick Day Snacks	7 AM: Cheerios, Milk PM: French Fries w/ Ketchup, Water
10 AM: December Cereal Mix, Mix, Milk PM: Pretzel w/ Dip, Water	11 AM: Cinnamon Rolls, Raisans, Milk PM: Make Your Own Cookies, Fruit, Milk	12 AM & PM: Christmas Party Day Snacks	13 AM: Rice Krispies, Milk PM: Cheese Rollups, Water	14 AM: Banana w/ Dip, Granola, Water PM: December Trail Mix, Water
17 AM: Cereal Bar, Pears, Water PM: Tator Tots w/Ketchup, Water	18 AM: Raisan Bran, Milk PM: Goldfish, Mixed Fruit Water	19 AM: Bagels w/ Cream Milk PM: Santa Crunch Snack, Water	20 AM: Waffles/ W Syrup, Milk PM: Goldfish, Raisans, Water	21 AM & PM: Green Day Snacks
23 AM: French Toast Styx, w/ Syrup, Milk PM: Sweet & Salty Fun Mix, Water	24 AM: Breakfast Bar, Milk PM: Crackers, Cream Cheese, Water	25 ECPS CLOSED in Observance of CHRISTMAS DAY!	26 AM: Mixed Fruit, Ritz Crkrs, Water PM: PB Bread, Water	27 AM: Biscuits, Jelly Water PM: Apple Slices w/ Dip, Water
30 AM: Shredded Wheat, Milk PM: Triscuits, Grapes Water	31 AM & PM: New Year Fun Snacks			

\*Menu is subject to change



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